

MOUNT KILIMANJARO / MASAI MARA EXPEDITION



Len Vanderstar (www.summitsofcanada.ca) in association with Adventure Africa (<http://www.advenafrica.com/>) have assembled a Mount Kilimanjaro ascent and Safari package + additional option to visit the Migwani Children's Dormitory and deliver supplies to the village for community empowerment. This is an excellent deal being priced below that of other outfitters, yet provides all the necessary services to the best standards expected by foreign visitors to Africa. In addition, 10% of the quoted trip costs of the Mount Kilimanjaro & Safari goes directly to support the Migwani Initiative thru Child Focus Africa (www.friendsofkitui.com/child_focus_africa.htm).

COST:

KILIMANJARO COST: \$1750 US per person

KENYA SAFARI COST: \$1050 US per person

TOTAL COST: \$2800 US PER PERSON (with \$250 US per person from the expedition earnings donated to the Migwani initiative).

Given that Adventure Africa is hosting guests at cost for this charity trip, I am asking that participants add in \$150US for tipping fees (standard) that will be distributed to guides, porters and cooks for the duration of the expedition. The optional Migwani visit will be a 1 or 2 day event (details still to be worked out) and will be of minimal additional cost.

Please contact Len Vanderstar via e-mail lvanderstar1761@citywest.ca or phone 250-847-9729 for questions and to place your expression of interest. The trip is scheduled for late November/early December 2010 to ensure favourable climatic conditions for Kilimanjaro and wildlife viewing in and around the Great Rift Valley/Masai Mara that adjoins the Serengeti. We will be taking the Machame Route up Mt. Kilimanjaro (Max. altitude: 19,340 ft. / 5,900m) This is a slightly longer and more difficult hike compared to the regular route, but it is better for acclimatization and fewer people are encountered. We have scheduled in 2 full days of acclimatization, and if necessary a third day to ensure participants can make it comfortably to the top of the mountain. Half shank hiking boots and trekking poles is all that is required. Tents are provided and porters will carry all supplies other than your day pack if you so choose.

I hope that you seriously consider this once in a life time opportunity. Given that we are seeking between 8 to 15 individuals, space is limited, so please consider this offer at your earliest convenience.

Below is the itinerary for your perusal:

KILIMANJARO / MASAI MARA / MIGWANI SCHOOL PROJECT

Adventure Africa pick-up at Jomo Kenyatta International Airport and transport to Marble Arch Hotel, Nairobi (Lagos Rd., 254-020-240940) \$78US double/\$60US single occupancy. Nov. 17th accommodation covered as part of expedition package.

Day 1- Nov. 18. Nairobi/Arusha/Moshi

Depart Nairobi by morning shuttle; this drive normally takes like 5-6 hrs from Nairobi to Moshi. Arrive In Moshi late afternoon. Dinner and overnight.

Day 2 - Nov. 19. Moshi-Machame Gate-Machame Hut

Dive to Machame Village. The Kilimanjaro climb begins at the end of the tarmac road, walking for about 6 hrs gradually ascending through the forested hills onwards to Machame Hut (3000m). Dinner and overnight in Machame Hut.

Day 3 - Nov. 20. Machame Hut-Shira Hut

Early in the morning, we will cross a valley and stream before ascending a steep ridge. The path then drops into a river gorge before you climb more gently onto the moorland of the Shira plateau - 3840m. Total climbing time is about 6hrs. Dinner and overnight at Shira Hut.

Day 4 - Nov. 21: Shira Hut Acclimatizing

Full day is spent at this point acclimatizing before we move on to the next point at Barranco. Dinner and overnight at Shira Hut.

Day 5 - Nov. 22. Shira Hut - Barranco Hut

The path continues directly up the ridge towards Kibo, then turns right and descends into Barranco gorge. Climb to Barranco hut at 3950m shortly after. Total climbing time is about 6 hrs. Dinner and overnight.

Day 6 - Nov. 23. Barranco-Barafu Hut

Crossing the Barranco Valley, ascend the Barranco wall (not technical climbing), then follow the Kibo South Circuit. We will then turn left and climb up a ridge for about 2 hrs to Barafu hut at 4600m . Dinner and overnight.

Day 7 - Nov. 24: Barafu-Stella Point (Second Acclimatizing)

After breakfast we shuffle off and head in a north-western direction and ascend through heavy scree towards Stella Point on the crater rim. This 6-hour walk to Stella point for many climbers is the most mentally and physically challenging on the route. At Stella Point we will stop for lunch and rest for the remainder of the day as you are now 2 hrs to the Uhuru Peak. Dinner and overnight at Stella Point. Stella Point can provide the most magnificent sunrises (weather permitting). From Stella Point we will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak.

Day 8 - Nov. 25. Stella Point-Summit (Uhuru Peak)-Mweka Hut

Wake up early in the morning and make our way for the 2 hour ascent to Uhuru Peak. The time we will spend on the summit will depend on the weather conditions. The walk back to Barafu from the summit, takes about 3 hours. Here we will have a well earned but short rest and collect the rest of our gear, then head down to Mweka hut (3100m). The route is not difficult and will take you down the rock and scree path onto the moorland and eventually into the forest. The camp is situated in the upper forest and mist or rain can be expected in the late afternoon. Dinner and overnight at Mweka Hut.

Day 9 - Nov. 26. Mweka Hut-Moshi Hotel

This is the last day of our climb. We will descend to Mweka Gate where we will be met and transferred to Moshi hotel for dinner and overnight.

Day 10 - Nov. 27. Moshi-Nairobi

Depart Moshi by morning shuttle back to Nairobi arriving approx 1430hrs @ Marble Arch Hotel. Dinner and overnight in the Hotel.

Day 11 - Nov. 28: Nairobi-Masai Mara

Pick up from Marble Arch in Nairobi for a journey south along the great rift valley and a stop over to view the escarpment. Proceed to Narok town for lunch and then ascend the western wall entering Hemingway's country "Serengeti Plains". Arrive in the afternoon for game drive in Masai Mara Game Reserve. Dinner and overnight at the campsite.

Day 12 - Nov. 29: Masai Mara Full Day

A full day spent game viewing across the rich, tree studded grassland and rolling hills. The famous Mara is renowned for its great herds of plain game, black-maned lions, leopard and cheetah but also contains numerous elephant and virtually every type of wildlife to be found in Kenya. We will have a picnic lunch and we will have a chance also to go all the way to the Mara River, and then return to the campsite late afternoon. Dinner and overnight at the campsite.

Day 13 - Nov. 30: Masai Mara & Village Visit

After breakfast we go for the morning game drive which takes us to lunch time; return to the campsite for lunch. After lunch we visit the Maasai village where we will be met by the Maasai elders and learn how the Maasai live. We will be entertained with a dance, then return to the campsite later in late afternoon. Dinner and overnight at the campsite.

Day 14 - Dec. 1: Masai Mara-Lake Nakuru

After breakfast we leave Masai Mara for Lake Nakuru National Park. We arrive in time for lunch in Lion Hills Lodge or at Lake Nakuru Lodge. After lunch we proceed for a game drive around Lake Nakuru to view flamingos, water buck, water buffaloes, white & black rhinos, etc. Lake Nakuru is a bird watchers paradise and over three hundred species can be sighted. This is also the only park where white rhinos can easily be spotted grazing along the lake. Dinner and overnight at one of the Park's campsites.

Day 15 - Dec. 2: Aberdare National Park

Kinangop Plateau

The bulk of the morning is spent driving to Aberdare National Park. The afternoon will be spent touring the Kinangop Plateau noted for its open tableland of coarse moors that huddles under cold mountain breezes. Dinner and overnight at one of the Park's campsites. Aberdare is noted for its baboons, and lots of them!

Day 16 - Dec.3: Aberdare National Park

Aberdare Salient

Noted for its thick rainforest and waterfall studded hills, the Salient should provide ample viewing of inquisitive wildlife.

Day 17 - Dec. 4: Aberdare - Nairobi

After breakfast we leave Aberdare and return to Nairobi arriving late afternoon. Check in at the Marble Arch where the safari ends awaiting the following morning to go to Migwani.

Dec. 5: Migwani Village & Children's Dormitory Visit

The day will be spent commuting and visiting with personnel/volunteers/children associated with the special needs unit children's dormitory. Paul Kenya of Child Focus Africa will be our escort and coordinator for the event. Adventure Africa will supply transport. Gifts, clothing, footwear & food will be distributed by team members. Cost will be personnel in terms of paying Adventure Africa for transport; all other costs are being covered by the Smither's Migwani Children Dormitory Account. Transport back to Marble Arch Hotel.

COST:

KILIMANJARO COST:\$1750 US per person

KENYA SAFARI COST:\$1050 US per person

TOTAL COST:\$2800 US per person

INCLUDED IN THE ABOVE COST:

- 1.Transport with Safari designed with pop up roof
- 2.Park entrance fees
- 3.Three meals in a day while on safari
- 4.Game drives
- 5.Pick ups and drop off at the Airport
- 6.Accommodation in Parmanent tents for camping safari
- 7.Hot showers/beds while camping
- 8.Transfer from Nrb-Moshi-Nrb
- 9.Accommodation in Nairobi upon arrival
- 10.Accommodation in Moshi hotel for two nights upon arrival from Nrb and after arrival from the Mountain
11. Standard Kili rescue fees
- 12.Meals while on the mountain
- 13.Park & camping fees in Kili
- 14.Guides, cooks and porters

EXCLUDED IN THE ABOVE COST:

1. Soft drinks
2. Drinking water

3. Entrance fees to the Maasai/Samburu villages
4. Tips for driver/cook/guide and porters
5. Migwani village visit
6. Nairobi accommodation on Day 10 (Nov. 27) and post safari

NOTE:

If we have an extra day for acclimatization apart from the 2 days in the program, the extra cost to pay when leaving at the gate will be \$110US (\$60US for the entrance fees and \$50US for the camping fees on the mountain).

Five team members have committed to an extended safari to Amboseli National Park in Kenya and the Ngorongoro Crater in Tanzania. The going safari rate of \$150US per day has been quoted by Adventure Africa plus additional costs associated with vehicle entry into the Ngorongoro Crater. Six to seven days are tentatively scheduled for this extended tour.

Additional Information:

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